

Peer Connection Challenge

Purpose

Teens practice making connections with real-world support from their mentor.

Instructions

1. Choose a Challenge

Pick one weekly challenge together, for example:

- Start a conversation with someone new
- Sit in a different lunch spot
- Join a club meeting
- Ask a classmate about their interests

2. Try It

Complete the challenge during the week.

3. Check In

Discuss with your mentor next session how it felt.

Outcome

Mentees gain confidence in social situations while having mentor support.

