



Seedling

Mentor. Nurture. Grow.

Mentoring and Healthy Closure



Objectives

Talk about closure and why it is important (it is!)

Consider what your closure activity will be



Mentor Relationship Closure

- ❑ Mini-closure for the summer months.
- ❑ Planned goodbye.



It's not just you and your mentee...



Mentoring relationships can end unexpectedly

- ❑ Changes in life circumstances
- ❑ Youth request
- ❑ Mentor request
- ❑ Gradually
- ❑ Mentor abandonment

LIFE HAPPENS...



The most painful goodbyes are the ones that are never said and never explained.

The best closure...

- ❑ Is planned
- ❑ Is open to expressing feelings
- ❑ Celebrates mentoring relationship & normalizes saying goodbye
- ❑ Clear



If you are closing for good, avoid the temptation ...

To promise to return next year

To share phone numbers

To say, “let’s keep in touch”

How can you make your so-long for the summer meaningful?

For ideas, check out our website for more!

[Seedling Website](#)

Under the “Current Mentors” tab, scroll down to the “End of Year” section to find resources.

Seedling
Mentor Minute
Planning for Closure
Closure Activities
Ensuring Healthy
Closure





Reminisce and share your feelings about the time you have spent together and encourage your mentee to share as well.

The magic of Seedling mentoring is not what the mentee learns from you, it's what the child learns about relationships by *interacting* with you.



Even if you know what's coming, you're rarely prepared for how it feels. Take care of your feelings as well!



Share your experience with your Mentor Director or a friend. What was the best part of your mentoring year?