

Referral Resource Sheet

___ Strengthening Families Program After school family skills training program found to significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance. Email: mvasquez@phoenixhousetx.org	___ Life Skills Training Program with Phoenix House Classroom participation promotes positive health and personal development. Helps adolescents navigate the challenges of their school years. Helps prepare them for the independence and responsibilities that they will encounter as young adults. Email: mvasquez@phoenixhousetx.org
___ Substance Misuse Outpatient Treatment for Adolescents with Bluebonnet Trails Community Services (OSAR Assessments, IOP, SOP, & MAT services available; Adolescent & Adult services) Substance use assessment and Outpatient treatment. <i>Multiple Locations: Bastrop, Burnet, Burnet CISD*, Cedar Park, Georgetown, Georgetown ISD*, Gonzales, Giddings, Jarrell ISD*, La Grange, Lockhart, Lockhart ISD*, Marble Falls, Marble Falls ISD*, Round Rock, Seguin, Seguin ISD*</i> https://bbtrails.org/substance-use-services/ Phone: 844-309-6385	___ Substance Use Disorder Residential Treatment for Adolescents with Cedar Crest Hospital & Residential Treatment Center (Accept Insurance, MDCCD, & Tricare) Substance use assessment and In-patient treatment. 3500 S. IH-35, Belton, TX 76513 https://www.cedarcresthospital.com/ Phone: 877-220-8379
___ OSAR: Outreach, Screening, Assessment, and Referral OSAR will work with individuals, their families and support systems to make referrals and recommendations that best suit their needs. Phone: 844-309-6385 http://bbtrails.org/substance-use-services/	___ National Suicide Prevention Lifeline – Phone: 1-800-273-8255 Services Provided 24/7 http://suicidepreventionlifeline.org/
___ NAMI Central Texas Mental health resources and provider. Phone: 512-420-9810 https://namicentraltx.org/	___ Integral Care's 24/7 Helpline Crisis support as well as access to various programs and services for adults and children. 24-hours a day contact: 512-472-HELP (4357) https://integralcare.org/en/247-crisis-helpline/
___ Austin Community Legal Center Provides low-cost legal assistance. Phone: 512-596-0226 https://www.austincommunitylawcenter.org/	___ Workforce Solutions Capital Area Childcare care services and assistance with seeking employment. Childcare Services: 512-597-7191 North Center: 512- 454-9675 East Center: 512-223-5400 South Center: 512-381-4200 https://www.wfscapitalarea.com/

___ Goodwill Community Center Provides employment opportunities through a staffing service, job searching support, resume assistance, pre-employment training and computer. Training Phone: 512-637-7100 http://www.austingoodwill.org	___ Manos de Cristo Dental Center Low-cost full-service dental center for the uninsured. Phone: 512-477-2319 http://www.manosdecristo.org
___ Travis County Health & Human Services and Veterans Service Department Locations Provides emergency assistance for rent/mortgages and utilities, food, clothing, and social services to residents of Travis County. Downtown/Palm Square: 512-854-4120 South Austin: 512-854-9130 Manor: 512-854-1550 Oak Hill: 512-854-2130 https://www.traviscountytexas.gov/veterans-services	___ Public Housing with the Housing Authority for the City of Austin (HACA) HACA owns and operates 1,928 units of conventional public housing in Austin for low-income families who qualify. Submit an application to get on the waiting list. Phone: 512-477-4488 http://www.hacanet.org
___ Foundation Communities Provides housing for individuals and families with low to moderate incomes who meet specific income guidelines, pass criminal and credit checks, and have good rental history. Phone: 512-447-2026 https://foundcom.org/	___ Austin Tenants Council-Affordable Housing The Affordable Housing Guide provides a list of apartment complexes participating in affordable housing programs by geographic area by qualifying income level. Phone: 512-474-7006 https://www.housing-rights.org/
___ Austin Energy Customer Assistance and Plus 1 Utility Assistance Programs CAP is a discount program for the monthly utility bill if someone in the family receives SSI, Medicaid, MAP, Medicare. The Plus 1 Program provides utility assistance. Phone: 512-494-9400 https://austinenergy.com/	___ SAFE (Austin Children's Shelter & Safe Place) Provides emergency shelter, counseling, hospital support & legal advocacy for anyone suffering from the trauma of rape, sexual abuse, and domestic violence. Phone: 512-267-7233, 24-hr Hotline https://www.safeaustin.org/
___ Salvation Army Emergency Shelter Emergency shelter for homeless individuals and families. Community meal daily at 4:00pm (back door) Phone: 512-476-1111 https://salvationarmyaustin.org/texas-austin/	___ Central Texas Community Health Centers Low-cost healthcare services. Phone: 512-978-9015 https://communitycaretx.org/
___ American Gateways Provides free and low-cost legal services and education for immigrants and refugees including asylum, Violence Against Women's Act (VAWA) Petitions, T Visas (for survivors of trafficking), U Visas (for survivors of certain types of violent crimes that occurred in the U.S.) Phone: 512-478-0546, Ext. 200 http://www.americangateways.org	___ Federal Student Financial Aid Information for Financial Aid Phone: 1-800-433-3243 https://studentaid.gov/

___ Austin Al-Anon Alateen Information Center Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope to solve their common problems. Phone: 512-441-8591 https://austinalanon.org/	___ The Central Texas Food Bank– Assistance to help find food and applying for SNAP. Phone: 512-282-2111 https://www.centraltexasfoodbank.org/
___ CapMetro If you need help with reduced bus fares or bus and train accessibility. Phone: 512-474-1200 https://www.capmetro.org/	___ Drug Facts For Teens – NIDA For Teens The science behind drug abuse. Drug Facts, Drug and Health and Health Blog, and interactive and videos. https://teens.drugabuse.gov/
___ Study Guide Provides assistance to students on how to develop productive study habits. http://www.how-to-study.com/	___ Against Bullying – Interactive Site For Teens https://pacerteensagainstabullying.org/bullying-defined/