



Seedling

Mentor. Nurture. Grow.

Mentoring and Healthy Closure



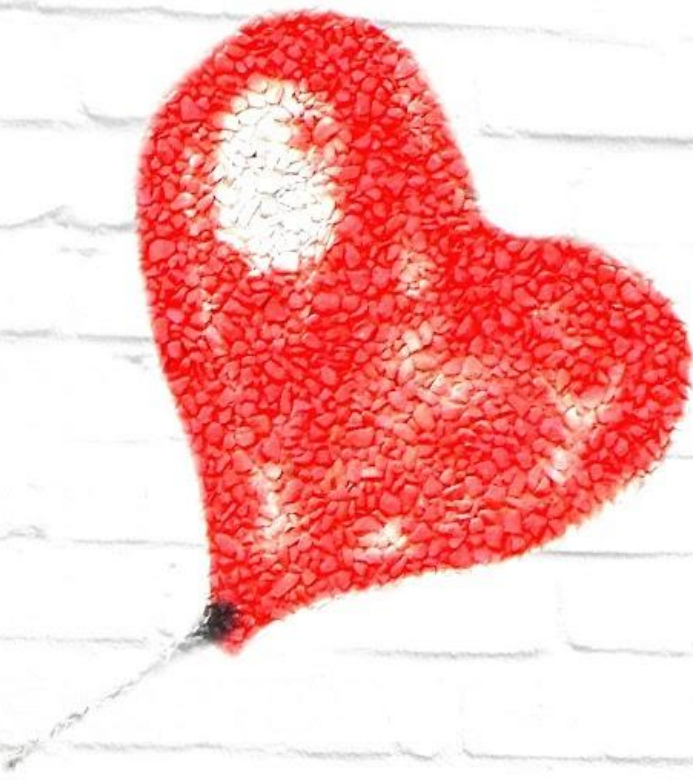
Objectives

Talk about closure and why it is important.

Discuss the best ways to end the summer.

Facilitate closure for the final goodbye.





Mentor Relationship Closure

- ❑ Mini-closure for the summer months.
- ❑ Planned goodbye.



It's not just you and your mentee...



Mentoring relationships can end unexpectedly

- ❑ Changes in life circumstances
- ❑ Youth request
- ❑ Mentor request
- ❑ Gradual
- ❑ Mentor abandonment

LIFE HAPPENS...



The most painful goodbyes are the ones that are never said and never explained.

The best closure...

- ❑ Is planned
- ❑ Is open to expressing feelings
- ❑ Celebrates mentoring relationship & normalizes saying goodbye
- ❑ Clear

How can you make your so-long for the summer meaningful?

For ideas, check out our website for more!

[Seedling Website](#)

Under the “Current Mentors” tab, scroll down to the “End of Year” section to find resources.

Check out these
Seedling articles!

[Planning for Closure](#)

[Closure Activities](#)

[Ensuring Healthy
Closure](#)





Reminisce and share your feelings about the time you have spent together and encourage your mentee to share as well.



If you are closing for good, avoid the temptation ...

To promise to return next year

To share phone numbers

To say, “let’s keep in touch”

The magic of Seedling mentoring is not what the mentee learns from you, it's what the child learns about relationships by interacting with you.



Even if you know what's coming,
you're rarely prepared for how it feels.



Take care of your feelings too!